

## Keynote Speaker



**Carl Honoré** – South Kamloops Secondary (Gym and via VC)

 @carlhonore, [www.carlhonore.com](http://www.carlhonore.com)

Carl Honoré is an award-winning Canadian journalist, author and TED speaker. He is also a globetrotting ambassador for the Slow Movement. *The Wall Street Journal* hailed him as “an in-demand spokesman on slowness”.

Carl has published three books, *In Praise of Slow*, *Under Pressure* and *The Slow Fix*. Published in 2013, Carl’s third and latest book, *The Slow Fix*, explores how to tackle complex problems in every walk of life, from health and relationships to business and politics, without falling for superficial, short-term quick fixes.

### **Keynote: *The Slow Revolution***

The world is stuck in fast-forward and paying a heavy price for it. When every moment is a race against the clock, when we forget how to slow down, everything suffers - our diet and health, our relationships, communities and the environment, even our work. But there is an alternative to today’s roadrunner culture. It’s called the Slow movement. Being Slow is not about doing everything at a snail’s pace; it’s about doing everything at the *right* speed. Slowing down at the right moments can bring more depth, pleasure and meaning to our lives. It can boost our health and make us more efficient and creative. By unleashing our inner tortoise, we can all work, play and live better.

10:30am: *Making Slow Work In A Fast World*

In this interactive session, we will explore together how to put the Slow philosophy into practice. What are the obstacles? How can we overcome them? What steps can we all start taking to slow down?

1:00 pm: *The Art of Slow Childrearing*

These days, childhood has become a race to perfection, which harms children and everyone connected with them. Now there is a backlash as people everywhere seek ways to give kids the time and space to explore the world on their own terms, to play freely, to be children again. This session will open with a short keynote before moving into Q&A and workshopping to answer the big question: How do we give our children a childhood worthy of the name?

## Speaker Sessions



**Dr. Art Hister** - Lloyd George Elementary (Gym)  
[www.drart.ca](http://www.drart.ca)

10:30am and 1:00 pm: *Yes You Can: Simple Steps for a Longer, Healthier, Happier Life*

In his award-winning presentation, Dr. Art Hister uses his trademark humorous style to inform you about how you can:

- Increase your chances of living longer.
- Lower your risk of developing those debilitating, chronic illnesses that most of us think are inevitable consequences of aging, but are not.
- Live with more energy and way more happiness, and most important for busy people.
- How to cope better with life's inevitable stresses.

And best of all, the message comes wrapped in a cocoon of humour and accessibility.



**Dave Melnick** - Henry Grube Education Centre (1A/1B)

10:30am and 1:00 pm: *Developmental Trauma: What Educators Need to Know (Two Part Session)*

Children exposed to chronic traumatic events early in life have a variety of challenges at school, home and in the community. In this workshop we will focus on the “domains of impact” from early trauma, and how educators and school staff can address these to help students succeed. The presenter will offer specific strategies and practical ideas that can be effectively integrated into classrooms and throughout the school. This workshop is designed to be taught in two continuous sessions.



**Cheryl Cran** – Beattie JP (Gym)

 @cherylcran, [www.cherylcran.com](http://www.cherylcran.com)

10:30am: *Leading Generations X, Y and Zoomers in the Workplace*

Research shows that the generations' impact is being felt by all industries world wide, the challenges include dealing with different work values, attracting and keeping Gen X and Y employees, succession planning for Zoomers, retiring Zoomers, and more.

This keynote is not about 'what we need to know' about each of the generations, rather its more about 'what' do we do as leaders to further engage, motivate and lead the multiple generations in the workplace.

1:00 pm: *Leading Change with Energy, Passion and Power*

We are all moving at break neck speeds to meet our objectives and we are dealing with multiple priorities.

Leading change in today's fast paced reality means that now more than ever we need to have heightened emotional intelligence, we need to leverage feedback and we need to know ourselves as leaders in order to get the best out of the people we lead.



**Dr. Marie Wilson, Commissioner, Truth and Reconciliation Commission of Canada** –  
Beattie JP (Library/Dance Studio)

10:30am and 1:00 pm: *Background of the Truth and Reconciliation Commission: The Process and What it Learned*

Marie Wilson has more than 30 years of professional experience as an award-winning journalist, trainer, and senior executive manager. She has also been a university lecturer, a high school teacher in Africa, a senior executive manager in both federal and territorial Crown Corporations, and an independent contractor and consultant in journalism, program evaluation, and project management. She has lived, studied and worked in cross-cultural environments for almost forty years, including Europe, Africa, and various parts of Canada.

Dr. Wilson is the recipient of a CBC North Award for Lifetime Achievement, the Northerner of the Year Award, and various awards and recognitions for journalism, writing excellence, and work-place safety

initiatives. In May 2012, she was awarded an honorary Doctor of Laws degree by St. Thomas University of Fredericton, New Brunswick, in recognition of a professional career "marked by public service and social justice". Ms. Wilson speaks English and French, with some knowledge of Spanish and Sahtu Dene. She and her husband, Stephen Kakfwi, are the proud parents of Kyla, Daylyn and Keenan, and are blessed with four grand-children.



Dr. Leyton Schnellert – Norkam Cafeteria

 @leytonschnell

10:30am: *It's all about Thinking. Collaborating to Support All Learners in the Middle and Secondary Years*

Dr. Leyton Schnellert is an Assistant Professor in the Faculty of Education at the University of British Columbia's Okanagan Campus. He teaches courses in the Elementary (EPEP), Middle and Secondary (STEP) undergraduate programs. These courses include *The Developing Learner, Middle School Integrated Methods, Language and Literacy in Education, Literacy for Diverse Learners in Middle and Secondary Grades*, and *Guided Reflective Inquiry Project (GRIP)*.

Leyton has been a middle school, junior high, and secondary school classroom teacher, and a learning resource teacher for K–12. He has 20 years of experience as a school and district-based resource teacher and professional development facilitator across British Columbia, the Yukon and Northwest Territories.



Larry Espe,  
Superintendent  
of Trades and  
Transitions,  
Ministry of  
Education



Gary Herman,  
CEO Industry  
Training  
Authority

Beattie/JP – Drama Room

10:30am and 1:00 pm *Trades, Transitions and Transformations*

The word "alternate" has a negative stigma when used by educators, or when talking about education. How can we change that and meet the needs of more students at the same time? Successful Career Education programs do wonderful things for students – hands on learning, relevance, collaboration and

personalization are starting to become mainstays of optimal learning experiences. These sessions will be especially useful for Counsellors and trades teachers.



Faye Brownlie – (This session is only open to those schools that have previously registered and attended.)

[www.fayebrownlie.ca](http://www.fayebrownlie.ca)

Faye Brownlie is one of B.C.'s most sought after literacy and learning experts. Faye works in staff development in B.C., nationally, and internationally. A long-time advocate of improved learning for all students in inclusive settings, she fervently believes in our collective ability to make a difference for all students. With this end in mind, she works with manageable approaches to teaching and learning:

- differentiation
- assessment for learning
- open-ended teaching/learning strategies
- literature, poetry and information circles
- inquiry
- gradual release of responsibility
- cooperative learning